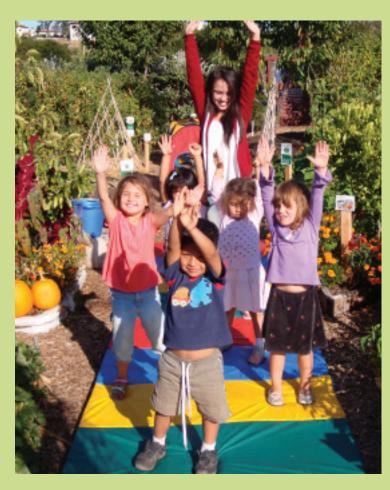


Let's Move!



Bean Sproutin' Exercise



INSTRUCTIONS:

- * Stand with your feet a foot apart.
- * Raise up your hands up to the top of the beanstalk.
- * Begin Sproutin' by stretching your whole body

Fruit and Veggie Talk:

Fresh crisp snap-green beans make wonderful snacks anytime. What time of day would you like a green bean snack?