



Peas on a Vine Exercise



*On your Mark, Get Set,
Let's Move!*



INSTRUCTIONS:

- * Set up cones or other markers for the children to move around. Allow enough space between them so that children don't run into each other when winding around them.
- * If you like, put some lively music in your boom box to dance to!
- * Have the children form a conga line, hands on the shoulders of the child in front of them.
- * Lead the children in a winding dance around the cones, pretending to be pea vines twirling around a trellis!

Fruit and Veggie Talk:

Sugar snap peas are the perfect no-fuss snack. What other fruits and veggies are great anytime snacks?