



# Music

## “What Does A Plant Need?”

**Start this chant with a soft whisper and increase in volume and energy with each repetition.**

While standing up, bend over, say “SOIL” 4 times while you swirl your hands on the ground.

Swing your arms to the left, and say “AIR” 4 times while you swirl your arms around in the air.

Reach up above your head and say, “SUN” 4 times while you make a circle with your arms overhead.

Swing your arms to the right and say, “WATER” 4 times and make your fingers move like droplets of rain coming down to the ground.

**SOIL**

**AIR**

**SUN**

**WATER**

