



Book Lists



Preschool

Winter Books

DECEMBER

Lesson 1: "My Shadow" by Robert Louis Stevenson

Lesson 2: "Rain" by Erin Edison

Lesson 3: "Up in the Garden and Down in the Dirt" by Kate Messner

Lesson 4: "Goodbye Autumn, Hello Winter" by Kenard Pak

Lesson 5: "Let the Rain Fall Down" by Donna Henderson

JANUARY

Lesson 1: "Eating the Alphabet Fruits and Vegetables from A to Z" by Lois Ehlert

Lesson 2: "Eat Your Colors" by Amanda Miller

Lesson 3: "Eat the Rainbow" by Jeffrey Walbridge

Lesson 4: "Eat the Rainbow" by Jeffrey Walbridge

FEBRUARY

Lesson 1: "The Two Bite Club" by USDA MyPlate

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Lesson 3: "Good Enough to Eat" by Lizzy Roswell

Lesson 4: "Hey! Where Do You Get Your Protein?" by Rachel Fox