

I've got the wiggle worms
What should I do?
(use both hands to gesture a question)

Cook up a dish of wiggle worm stew!

(make a large circle with one arm, other arm does a stirring motion inside it)

Start with a jump
(jump once with both feet)
Add a clap
(clap once with both hands together)
Then twist, twist, twist
(twist upper body back and forth three times)
And tap, tap, tap
(tap one foot on the ground, three times)

Wiggle to the left
(put left hand out to the side, and wiggle it)
And to the right too
(put right hand out to the side, and wiggle it)



That's how you make Some wiggle worm stew

(make a large circle with one arm, other arm does a stirring motion inside it)

